



# 2016 SEC SWIMMING AND DIVING CHAMPIONSHIPS

February 16-20 • Columbia, Mo. • Mizzou Aquatic Center  
Day One Quotes and Notes

## **Kahlia Warner (Florida), Women's 1-Meter**

"It hasn't really hit me yet, it's surreal. This is what I've been training for and everything came together. I got through my nerves and did and I'm so excited. I've been trying to break that school and I finally did it."

## **Madeline Banic (Tennessee), Women's 200 Medley Relay**

"I've been working on the breaststroke a lot in practice. It's definitely a new thing. I don't swim that individually, but stepping up on the blocks and having no pressure because it's my fun stroke. I just love doing it, and I don't do it very often."

## **Corey Main (Florida), Men's 200 Medley Relay**

"It's always a good feeling to win the first relay, it sets off the pace for the rest of the meet. It was a key victory for us."

## **Sam Thornton (Texas A&M), Men's 3-Meter**

"It's really hard to believe. There are so many great divers in the SEC and to being able to get the victory at my first conference meet is a huge honor. I missed on a couple of dives in the prelims, but I was able to feed off the extra adrenaline and pressure in the finals to put together a clean list. It's an honor to be able to add to the great diving tradition that guys like Ford McLiney and Grant Nel have built at Texas A&M."

## **Hali Flickinger (Georgia), Women's 800 Free Relay**

"I'm just so proud to be part of such an incredible relay tradition. It's an honor to swim that event for Georgia and with three amazing teammates. Our team enjoys competing in this relay and it means a lot that we were able to win it again."

## **Mitch D'Arrigo (Florida), Men's 800 Free Relay**

"The 800 free relay is always a race we care about and we put a lot of pride into it. It really helps get the team pumped and ready. I knew it was going to be a tough race between Auburn but our guys really were able to step it up."

## **SEC Records**

- Men's 200 medley relay - Jack Blyzinskyj, Caleb Dressel, Jan Switkowski, Corey Main (1:23.69)

## **Mizzou Aquatic Center Records**

- Women's 200 Medley Relay - Kira Toussaint, Madeline Banic, Harper Bruens, Faith Johnson (1:35.86)
- Men's 200 Medley Relay - Jack Blyzinskyj, Caleb Dressel, Jan Switkowski, Corey Main (1:23.69)
- Women's 800 Free Relay - Hali Flickinger, Meaghan Raab, Shauna Lee, Brittany McLean (6:55.56)
- Men's 800 Free Relay - Pawel Werner, Mark Szaraneck, Mitch D'Arrigo, Jan Switkowski (6:13.64)

## **Winners By School (Through Day One)**

**Florida (3)** - Kahlia Warner (Women's 1-Meter), Men's 200 Medley Relay, Men's 800 Free Relay)

**Georgia (1)** - Women's 800 Free Relay

**Tennessee (1)** - Women's 200 Medley Relay

**Texas A&M (1)** - Sam Thornton (Men's 3-Meter)

## **Team Notes**

**Georgia** - The women have won the 800 free relay seven straight years and 12 times overall

**LSU** - Set school records in the men's 200 medley relay (1:25.92) and women's 800 free relay (7:04.77) ... Jake Markham set a new 200 free school mark with a 1:35.09 split.

**Missouri** - The Tigers set school records in the women's 200 medley relay (1:36.42) and the men's 800 free relay (6:19.17)

**South Carolina** - Set a new school mark in the women's 800 free relay (7:10.28)

**Tennessee** - Now won the women's 200 medley relay six times overall and five times since 2010 ... Tied the men's 200 medley relay school mark (1:24.09)

**Vanderbilt** - Set a new school record in the 200 medley relay (1:40.61)